



Dated 06.03.2020

Corona Virus Advisory

In order to prevent the spread of Corona Virus, Information – cum- Advisory is circulated for all the students, faculty and staff of the University. All are advised to adopt and follow preventive measures for self and all.

The 2019 novel corona virus (COVID-19), Wuhan corona virus, is a contagious virus that causes respiratory infection, can transfer from human to human.

SYMPTOMS

Fever, Difficulty in Breathing, Coughing, Tightness of Chest, Running Nose, Headache, Feeling of Being Unwell, Pneumonia etc.

MODE OF TRANSMISSION:


Human Corona virus (COVID-19) most commonly spread from an infected person to other through:

- Air by coughing and sneezing
- Close personal contact, such as touching or shaking hand
- Touching an object or surface with virus on it, then touching your mouth, nose, or eyes before washing your hands.

HOW TO REDUCE RISK OF CORONAVIRUS INFECTION (COVID-19)

- Clean hand with soap and water or alcohol based hand rub
- Cover nose and mouth when coughing & sneezing with tissue or flexed elbow.
- Avoid close contact with anyone with cold or flu like symptoms.
- Isolation of symptomatic patients for atleast 14 days.

DO's	DON'Ts
<ul style="list-style-type: none">• Cover your nose and mouth with disposable tissue or handkerchief while coughing or sneezing• Frequently wash your hands with soap and water avoid crowded places• Person suffering from influenza like illness must be confined at home• stay more than one arm's length distance from persons sick with flu• Take adequate sleep and rest• Drink plenty of water/liquids and eat nutritious food• Person suspected with influenza like illness must consult doctor	<ul style="list-style-type: none">• Touching eyes, nose or mouth with unwashed hands• Hugging, kissing and shaking hands while greeting• Spitting in public places• Taking medicines without consulting doctor• Disposal of used napkin or tissue paper in open areas• Touching surfaces usually used by public (Railing, door, gates, etc)


(Manpreet Kaur Kang)
Director, Students' Welfare

Copy to:

- (1) All Deans USS - with a request to circulate this circular to all Students, faculty members and staff & put up on notice board.
- (2) Proctor
- (3) Chief Warden
- (4) All Directors/Joint Registrars/Dy Registrars/Assistant Registrars/Branch Heads/Hostel Wardens, GGSIPU.
- (5) Superintending Engineer, University Works Division
- (6) AR to Vice Chancellor for information of Hon'ble Vice Chancellor.
- (7) AR to Registrar for kind information of Registrar.
- (5) In - Charge, Sever Room - with a request to upload the information on the University website.
- (6) Office Copy.


(Rajesh Sharma)
Assistant Registrar

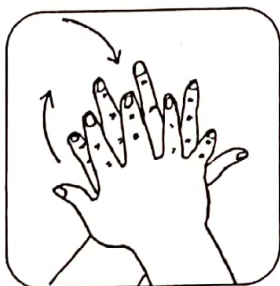
How to wash your hands well



Use soap all over your hands



Rub hands palm to palm



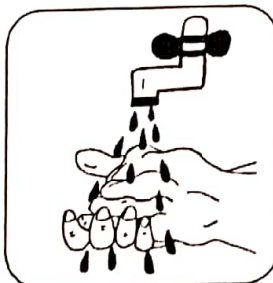
Clean the backs of your hands too



Clean between all fingers including thumb



Clean under the nails



Rinse hands



Dry hands with something clean or air dry

Clean hands protect against disease

For more information visit the website at: www.searo.who.int



World Health Organization

Regional Office for South-East Asia

World Health House
Indraprastha Estate,
Mahatma Gandhi Marg,
New Delhi-110002, India

Editorial Board : Dr Poonam Khetrapal Singh,
Dr A Sattar Yoosuf,
Dr Roderico Ofriin, Mr Bruce Murphy,
Ms Vismita Gupta-Smith

Produced by : Reports and Documents Unit and
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WHO SEARO



Ministry of Health & Family Welfare
Government of India

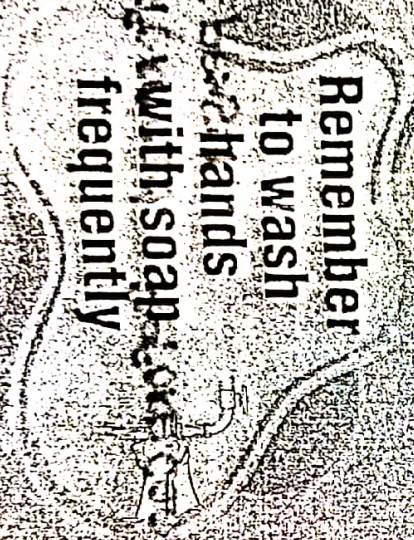
Reduce the risk of Coronavirus infection by taking important precautions



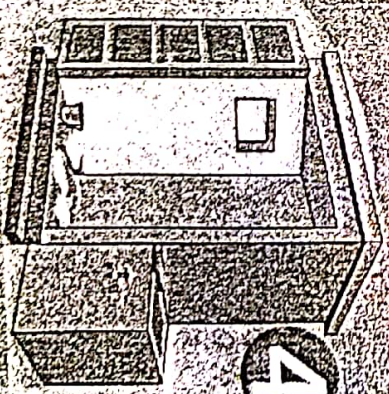
COUGH AND SNEEZING

1

Cough or sneeze into your elbow.
Wash your hands with soap and water frequently



Remember to wash hands frequently

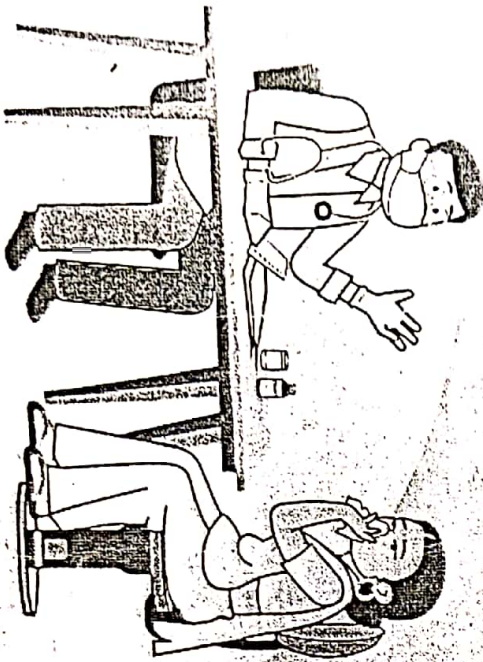


After using toilet

2 Cough and sneezing

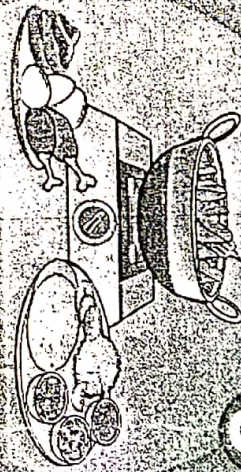


Clean your hands before and after caring for sick person



If you have cough, fever or difficulty in breathing, contact a doctor immediately

Before cooking, after cooking and before eating food



Stay safe from Coronavirus!

If you have returned from Wuhan, China after January 15, then get yourself tested for 2019-nCoV. To know about the centres for testing, call the Ministry of Health and Family Welfare Helpline

If you have returned from China in the last 15 days or have been in contact with any person affected by Coronavirus, then limit your contact with others and use a separate room for sleeping

If you develop even cough and difficulty in breathing within 28 days of return from China, immediately call the Ministry of Health and Family Welfare Helpline

or email at [ncov2019@gmail.com](mailto:nCoV2019@gmail.com)

+91-11-23978046